

## (INTRODUCTION)

Leiomyomas common benign tumors of female genital tract accounting approximate 20- 30% of cases. Leiomyomas can be intra-uterine or extrauterine. Extra-uterine origin is less common (2-3%) and etiology is unclear, therefore have nonspecific presentations hence pose clinical and diagnostic challenges.



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Title: A RARE CASE OF BROAD LIGAMENT- CYSTIC DEGENERATION LEIOMYOMA





## **CASE REPORT**

A 49 years old Mrs. Z, P2L2 came with complaints of lower abdomen pain in right iliac fossa since 2 years. On bimanual examination-Uterus size was bulky with right forniceal fullness with tenderness. USG no abdomen and pelvis ,MRI Pelvis showed single well defined lobulated mass in right adnexa measuring 7.2x7.8x5.9cms probably arising from right lateral wall of uterus s/o sub serosal broad ligament fibroid. Given the large size of fibroid we decided in favour of surgical management. Total abdominal hysterectomy With oophorectomy with DJ Stenting was planned

under SA considering the broad ligament.

Intraoperatively multiple dense venous plexus on the right side of uterus were noted as it was fibroid. supplying the to Myomectomy was done considering the broad ligament fibroid which featured cystic degeneration too. As we proceed we completely delineate the degenerated cystic fibroid from its attachment without any injury to ureter. Hence DJ stenting was deferred intra operatively. The broad ligament fibroid and uterus with b/l fallopian tubes have been removed and sent for histo- pathological Antibiotics examination. and supportive treatment were given and postoperative period was uneventful. Patient was discharged on pod 5. Patient resumed her normal activities within one month with no complaints.





## DISCUSSION

Broad ligament leiomyomas have the potential to grow to large size and undergo secondary changes mostly degeneration. Meticulous dissection is needed to prevent damage to ureter as its normal anatomy will be distorted in many of such cases.

## **CONCLUSION**

Broad ligament fibroids mimic adnexal masses on clinical and radiological examination. High degree suspicion and to keep solid adnexal and uterine mass as differential diagnosis is must. It is recommended to have DJ stenting if needed to avoid surgical complications and one should be very careful about ureteric course and surrounding structures.

Verma K, Kumari S. A rare case of broad ligament fibroid: a case report. J South Asian Feder Menopause Soc. 2019 Jan;4:37-41. Kindinger LM, Setchell TE, Miskry TS. Broad ligament fibroids—a radiological and surgical challenge. Gynecological Surgery. 2014